Tour de Noank

Certified 5K Road Race

Saturday, June 14, 2014

Esker Point Beach

900 Groton Long Point Rd, Groton, CT 06340

Cert # CT10006JHP

860-536-5680

Register online at grotonrec.com

Starting Times

Kids Fun Run	**9:30 am**
5K Race	**10:00 am**

Registration & check-in opens: 8:30 am

Registration closes 15 minutes before race.

Course map located on *grotonrec.com*

Registration Fees-

Early Bird : Kids Fun Run - **$5**

Deadline: 4:00 pm on June 7 5K - **$15**

Race Day: Kids Fun Run - **$10**

5K - **$25**

Guaranteed T-shirts to first 200 registered 5K runners/walkers.

A portion of the proceeds benefit Groton Special Needs programs.

Please fill out one form per runner.		**Date of Birth**	**Sex**	**T Size**	**Event**	**Fee**
Runner		**Age:**		Adult Unisex **S M L XL XXL**	☐5K ☐ Fun Run	
Address Town, State, Zip				**Additional donation towards Special Needs Programing**		
Phone & Emerg. #				**Total Enclosed**		

E-mail Address:

PARTICIPATION RELEASE WAIVER

In consideration of my participation or that of my above named child(ren) in activities conducted and/or sponsored by the Town of Groton Parks and Recreation Department, I acknowledge that such activities are hazardous and pose a risk of injuries that can be significant and that I assume such risks. I agree to release, hold harmless and waive any claims that might arise against the Town of Groton Parks and Recreation Department, the Town of Groton, and their officials, representatives, agents and employees on account of any and all injuries and claims of injury to person while participating in and/or traveling to and/or from said activities.

By my signature below, **I agree to the provisions of paragraph above;**

X _____

Signature: Date:

MEDIA RELEASE WAIVER

I give my permission to the Town to use any photographs, motion pictures, video recordings, recordings and/or any other media record of said activities ("media records") in which I and/or said child(ren) appear for any lawful purpose, including, but not limited to future publication; closed circuit, broadcast and/or cablecast transmission; and/or the internet (including, but not limited to, social media sites). Final editing and use of the media record is at the discretion of the Town. I waive any right to royalties or other compensation arising or related to the use of the media record(s). I agree to release, hold harmless and waive any claim that might arise against the Town of Groton Parks and Recreation Department, the Town of Groton, and their officials, representatives, agents and employees as a result of and/or by reason of my permission and authorization.

By my signature below, **I agree to the provisions of the paragraph above:**

X _____

Signature: Date:

Make check payable to "Groton Parks and Recreation" return form and payment to:

Groton Parks and Recreation – Attn: Tour de Noank

27 Spicer Avenue, Noank, CT 06340-5659